

APVB Families,

We are off to an exciting season for 2020 with Cheryl returning to co-direct APVB with Trina! Our Directors and Coaches bring a wealth of experience with them. Watching the development of the players under their guidance and coaching is quite impressive.

Our Elite teams recently travelled to Illinois to practice with the Sport's Performance teams and complete in the President's Day Challenge held at the Schaumburg Convention Center.

Our Regional Teams hosted the first APVB Tournament of the season this past weekend and it was an exciting time for our teams to showcase their growth.

We held our open house on Saturday, February 29th for our Elite and Regional families to come and observe practice and the dynamic advantage of APVB training in action. We have included some photos from the morning's training below.

APVB Staff

