

# NEW

## TIKES & TOTS

NEW!!! Youth FUNdamentals Clinic Series  
A FUN program centered around developing jumping, quickness, hand-eye skills, overall agility-coordination and throwing while introducing the basic skills and movements for volleyball.

- Option #1 Sign up for all four dates \$40.00
- Option #2 Sign up for individual dates \$12.50

## SESSION #1

Who: girls and boys Pre-K - 2nd grade

Day: Saturday

Time: 12:30-1:30 pm

Dates: 1/25, 2/1, 2/29, 3/7

Coach: Cheryl Butler & Trina Smith

Click [HERE](#) to register.

## SESSION #2

Who: girls and boys Pre-K - 2nd grade

Day: Saturday

Time: 12:30-1:30 pm

Dates: 4/18, 4/25, 5/2, 5/16

Coach: Cheryl Butler & Trina Smith

Click [HERE](#) to register.

# Atlanta Performance

## VOLLEYBALL TRAINING ACADEMY



Volleytikes and Volleytots - Attacking, blocking and basic team play



Volleytikes and Volleytots - Agility and Physical Training



Volleytikes and Volleytots - Drills



Volleytikes and Volleytots - Program Overview

## A COMMITMENT TO GROWTH



Atlanta Performance Volleyball Facility

1045 Research Center Drive

Atlanta, GA, 30331

404-941-7606

[WWW.ATLANTAPVB.COM](http://WWW.ATLANTAPVB.COM)

Cheryl Butler and Trina Smith - Club Directors

# NEW

## GROUP LESSONS

Who: Girls 8-12th grade

Day: Saturday

Cost: \$25.00 per player/per lesson

Coach: Cheryl Butler - Sports Performance and Atlanta Performance Club Director.

Click [HERE](#) to register for a lesson.

## DATES

- January 25th
- February 1st
- February 29th
- March 7th
- April 18th
- April 25th
- May 2nd
- May 16th

## LESSONS

- 2:00 pm Setting
- 3:00 pm Attack-Block-Pass
- 4:00 pm 1st Contact (pass-dig-serve)