

2019

Atlanta Performance Volleyball TRAINING ACADEMY

THE ATLANTA PERFORMANCE TRAINING ACADEMY PROVIDES "ELITE LEVEL" INSTRUCTION & TRAINING TO MAXIMIZE ATHLETE DEVELOPMENT IN:

- PASSING
- SERVING
- DEFENSE
- ATTACKING
- SETTING
- BLOCKING
- AGILITY & FOOTWORK
- MOTOR DEVELOPMENT
- HAND-EYE COORDINATION

GRADES: 7TH - 9TH BOYS & GIRLS

1 DAY/WEEK: \$90 2 DAYS/WEEK: \$165

SESSION # 1	SUNDAYS 3PM - 4:30PM	OCTOBER 6 TH , 13 TH , 20 TH , AND 27 TH
	(AND/OR) MONDAYS 6:30PM-8PM	OCTOBER 7 TH , 14 TH , 21 ST , AND 28 TH

SESSION # 2	SUNDAYS 3PM - 4:30PM	NOVEMBER 10 TH , 17 TH : DECEMBER 1 ST , 8 TH
	(AND/OR) MONDAYS 6:30PM-8PM	NOVEMBER 11 TH , 18 TH : DECEMBER 2 ND , 9 TH <small>(NO CLASS THE WEEK OF THANKSGIVING)</small>

SESSION # 3	MONDAYS 6:30PM-8PM	JANUARY 13 TH , 20 TH , 27 TH : FEBRUARY 3 RD
	(AND/OR) TUESDAYS 6:30PM-8PM	JANUARY 14 TH , 21 ST , 28 TH : FEBRUARY 4 TH

SESSION # 4	MONDAYS 6:30PM-8PM	APRIL 6 TH , 13 TH , 20 TH , 27 TH
	(AND/OR) TUESDAYS 6:30PM-8PM	APRIL 7 TH , 14 TH , 21 ST , 28 TH

REGISTER AT: [WWW.ATLANTAPVB.COM/.....](http://WWW.ATLANTAPVB.COM/)

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"COMMITMENT TO GROWTH"