

2019 FALL TRAINING PROGRAM

ATLANTA PERFORMANCE VOLLEYBALL

THE 2019 APVB FALL TRAINING PROGRAM IS DESIGNED TO PROVIDE INSTRUCTION FOR BOTH THE BEGINNER AND THE ADVANCED PLAYER. ATHLETES WILL BUILD A STRONG FOUNDATION IN ALL SKILLS: PASSING, SERVING, DEFENSE, SETTING, ATTACKING, AND BLOCKING.

WHO?

**GRADES
7TH & 8TH**
BOYS & GIRLS

OPTIONS

MONDAYS 6:00PM
(AND/OR) TO
WEDNESDAYS 7:30PM

1-DAY PER WEEK: \$90
2-DAYS PER WEEK: \$165

DATES

MONDAYS
SEPT. 9,16,23,30
WEDNESDAYS
SEPT. 11,18,25
OCT. 2

REGISTER AT:

[WWW.ATLANTAPVB.COM/.....](http://WWW.ATLANTAPVB.COM/)

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"COMMITMENT TO GROWTH"