	College Prep		Scholastic Prep		Scholastic Prep	
	Advanced National	College Prep National	National	College Prep Regional	Regional	Youth Regional
	17-18's	15-16's	13-14's	15-16's	13-14's	12's
	17-18.5	13-10.5	15-14.5	13-10.5	13-14 5	12.5
	Practice 3 Days / 12					
Practice Days/Hours	Hours and Weight	Practice 3 Days / 12	Practice 3 Days / 8	Practice 2 Days / 7		
Per Week	Lifting 1 Day/1 Hour	Hours	Hours	Hours	2 Days / 6 Hours	2 Days / 6 Hours
Ter Week	1-2 Master Coaches	1-2 Master Coaches	1-2 Master Coaches	1-2 Master Coaches	1-2 Master Coaches	1-2 Master Coaches
	and one head coach	and one head coach	and one head coach	and one head coach	and one head coach	and one head coach
Coaches	per team	per team	per team	per team	per team	per team
Play Dates	27	27	19	8	8	8
, 54(65	Facility Fees, coaches	Facility Fees, coaches	Facility Fees, coaches	Facility Fees, coaches	Facility Fees, coaches	Facility Fees, coaches
	pay, training, entry	pay, training, entry	pay, training, entry	pay, training, entry	pay, training, entry	pay, training, entry
	fees and AAU/JVA	fees and AAU/JVA	fees and AAU/JVA	fees and AAU/JVA	fees and AAU/JVA	fees and AAU/JVA
	insurance	insurance	insurance	insurance	insurance	insurance
Dues Fees	insurance	mourance	mourance	insurance	mourance	insurance
Conditioning	2x30-45 min	2x30-45 min	2x30-45 min	2x30-45 min	2x30-45 min	2x30-45 min
Dues Fees	\$2,595.00	\$2,395.00	\$1,795.00	\$1,195.00	\$995.00	\$995.00
	2 practice t-shirts (1LS	2 practice t-shirts (1LS	2 practice t-shirts (1LS-	2 short sleeve	2 short sleeve	2 short sleeve
	1SS), 3 spandex,	1SS), 3 spandex,	1SS), 3 spandex,	practice t-shirts, 2	practice t-shirts, 2	practice t-shirts, 2
	practice sweats,	practice sweats,	practice sweats,	spandex, practice	spandex, practice	spandex, practice
	match warm-ups,	match warm-ups,	match warm-ups,	sweats, team duffle, 1	sweats, team duffle, 1	sweats, team duffle, 1
	team duffle, 1 pair	team duffle, 1 pair	team duffle, 1 pair	pair knee pads,	pair knee pads,	pair knee pads,
	knee pads, 2 pairs	knee pads, 2 pairs	knee pads, 2 pairs	jerseys, 1 pair socks, 1	jerseys, 1 pair socks, 1	jerseys, 1 pair socks, 1
Uniforms Package	socks, 1 pair of shoes	socks, 1 pair of shoes	socks, 1 pair of shoes	pair of shoes	pair of shoes	pair of shoes
Uniform Fee	\$375.00	\$375.00	\$375.00	\$275.00	\$275.00	\$275.00
	Weed of November 6	Week of November 7	Week of November 7	Week of November 7	Week of November 7	Week of November 7
Season Length	June	June	June	April 1	April 1	April 1
			https://hai3.srva.org/			
Additional fees	USAV Membership	\$60.00	IND/IN3 Plfind.C.php			
	Team Travel - a		Winter Bump, AAU			
Additional fees	budget will be put in	All travel will be done	Ice Breaker, Winter			
Additional lees	place and divided by	as a team for the	Wonderland, SAVL			
	the number of players	following	League, JVA, Pre-			
	attending	tournaments	National and AAU's			
Local Tournaments						
players will need own						
transportation for	Championships, NAVC					
	Freeze, NAVC Winter					
	Dig, Dogwood,					
	Donnybrook and					
	NAVC March					
	Madness					